

# Section 8A T&F Championship - 2013 - 6/1/2013 at Mahanomen High School

**Team Results:** (10,8,6,5,4,3,2,1) Roseau 109, Dilworth-Glyndon-Felton 78, Park Rapids Area 71, Park Christian 56, East Grand Forks 55, Crookston 53, Walker-Hackensack-Akeley 38, Mahanomen/Waubun 37.5, Norman County 29, West Marshall 28, Nevis 25, Bagley/Fosston 25, Hawley/Ulen-Hitterdal 24, Northome/Kelliher/Blackdu 20.5, Red Lake County 12, Warroad 11, BGMR Freeze 10, Lake Park-Audubon 8, Fertile-Beltrami 6, Grygla-Gatzke 4, Fisher/EGF Sacred Heart/CI 2

## 100 Meter Dash (wind 2.3)

1 Pahlen, Jared 11 Roseau 11.61p 11.52  
2 Johnson, Trevor 12 Roseau 11.78p 11.59  
3 Brekken, Blake 12 Crookston 11.86p 11.81  
4 Thorson, Logan 11 Bagley/Fosst 11.79p 11.82  
5 Haugo, Trevor 11 Mahanomen/Wa 11.69p 11.83  
6 Haglund, Tory 10 Lake Park-Au 11.95p 11.88  
7 Reiswig, Simeon 12 Park Christi 11.64p 11.93  
8 Smith, Jonathon 9 Walker-Hacke 11.98p 12.01

## 200 Meter Dash (wind 1.0)

1 Pahlen, Jared 11 Roseau 23.52p 23.48  
2 Carlson, Austin 11 Park Rapids 24.47p 24.08  
3 Haugo, Trevor 11 Mahanomen/Wa 24.14p 24.27  
4 Lutz, Adam 12 Park Christi 24.69p 24.47  
5 Tompkins, David 12 Park Christi 24.73p 24.53  
6 Haglund, Tory 10 Lake Park-Au 24.74p 24.67  
7 Anderson, Jared 10 Walker-Hack 24.96p 24.96  
8 Egeland, Jacob 12 Crookston 25.06p 25.32

## 400 Meter Dash

1 Carlson, Austin 11 Park Rapids 51.92  
2 Delage, Brandt 10 Crookston 52.41  
3 Johnson, Trevor 12 Roseau 53.28  
4 Feder, Jordan 11 Nevis 53.51  
5 Oviitt, Dustin 11 Walker-Hacke 53.81  
6 Bring, Tory 11 BGMR Freeze 54.00  
7 Geray, Darin 12 Mahanomen/Wau 54.87  
8 Haglund, Tory 10 Lake Park-Au 54.99

## 800 Meter Run

1 Gagner, Cody 10 Red Lake Cou 2:05.05  
2 Schneider, Caleb 12 Northome/Kel 2:07.43  
3 Seim, Tanner 11 East Grand F 2:08.49  
4 Pavek, Tommy 9 Mahanomen/Wau 2:12.50  
5 Bring, Logan 9 BGMR Freeze 2:13.86  
6 Hoven, Chase 11 Norman Count 2:14.02  
7 Mykleseth, Thomas 9 Crookston 2:14.03  
8 Geist, Andreas 12 Crookston 2:14.07

## 1600 Meter Run

1 Overmyer, Isaac 10 Park Rapids 4:47.97  
2 Nelson, Weston 10 Roseau 4:53.84  
3 Kvalvog, Zach 9 Park Christi 4:57.08  
4 Olson, Dylan 10 Hawley/Ulen- 4:58.03  
5 Polansky, Daniel 12 Grygla-Gatzk 5:01.49  
6 Geist, Andreas 12 Crookston 5:01.96  
7 Jourdan, Matthew 9 Northome/Kel 5:02.24  
8 Leach, Ryan 11 Dilworth-Gly 5:02.52

## 3200 Meter Run

1 Overmyer, Isaac 10 Park Rapids 10:28.95  
2 Erickson, Tyler 11 Roseau 10:36.20  
3 Trosen, Josh 12 Nevis 10:46.87  
4 Santos, Tony 11 Dilworth-Gly 10:47.14  
5 Kvalvog, Zach 9 Park Christi 11:04.30  
6 Jourdan, Matthew 9 Northome/Kel 11:12.83  
7 Carlson, Nick 12 Hawley/Ulen- 11:18.10  
8 Anderson, Sam 9 Hawley/Ulen- 11:24.20

## 110 Meter Hurdles (wind 0.2)

1 Teeples, Philip 11 Hawley/Ulen- 16.77p 16.60  
2 Fritze, Kurt 11 Park Rapids 18.45p 16.78  
3 Tollefson, Michael 11 Dilworth-Gly 17.41p 16.95  
4 Pederson, Jase 11 West Marshal 18.07p 17.51  
5 Deng, Patrick 9 Crookston 17.99p 17.69  
6 Bittner, Ryan 12 Crookston 18.50p 18.06  
7 Bode, Alexi 11 Bagley/Fosst 18.36p 18.19  
8 Liebl, Solly Fertile-Belt 17.41p 18.22

## 300 Meter Hurdles

1 Kallock, Jake 12 East Grand F 41.73  
2 Fritze, Kurt 11 Park Rapids 42.75  
3 Teeples, Philip 11 Hawley/Ulen- 45.17  
4 Helgeson, Jack 11 Roseau 45.34  
5 Deng, Patrick 9 Crookston 45.41  
6 Heitman, Luke 8 Norman Count 45.87  
7 Bode, Alexi 11 Bagley/Fosst 46.17  
8 Pederson, Jase 11 West Marshal 46.24

## 4x100 Meter Relay

1 Roseau 45.66  
2 Crookston 45.86  
3 Park Christian 46.26  
4 East Grand Forks 46.42  
5 Walker-Hackensack-Akeley 47.01  
6 Warroad 47.40  
7 West Marshall 48.40  
8 Bagley/Fosston 49.55

## 4x200 Meter Relay

1 East Grand Forks 1:35.47  
2 Roseau 1:38.61  
3 Dilworth-Glyndon-Felton 1:39.37  
4 Mahanomen/Waubun 1:40.38  
5 Bagley/Fosston 1:40.42  
6 Warroad 1:40.63  
7 Red Lake County 1:42.21  
8 Fertile-Beltrami 1:43.22

## 4x400 Meter Relay

1 Park Rapids Area 3:37.03  
2 East Grand Forks 3:37.27  
3 Walker-Hackensack-Akeley 3:41.35  
4 Dilworth-Glyndon-Felton 3:46.06  
5 Bagley/Fosston 3:47.84  
6 BGMR Freeze 3:48.41  
7 Roseau 3:48.52  
8 Northome/Kelliher/Blackduck 3:52.19

## 4x800 Meter Relay

1 Roseau 8:38.11  
2 Dilworth-Glyndon-Felton 8:52.07  
3 Norman County 8:58.51  
4 Northome/Kelliher/Blackduck 9:14.00  
5 Park Rapids Area 9:19.06  
6 Bagley/Fosston 9:41.64  
7 East Grand Forks 9:56.67  
8 Warroad 10:04.21

## High Jump

1 Feder, Jordan 11 Nevis 6-03  
2 Tollefson, Michael 11 Dilworth-Gly J6-03  
3 Nickel, Hunter 11 Park Christi 6-01  
4 Hein, Zachary 11 Walker-Hacke 5-11  
5 Lunos, Kruzer 12 Warroad J5-11  
6 Brevitch, Bryce 11 Park Rapids 5-07  
7 Shaughnessy, Keith 12 Northome/Kel 5-05  
7 Bjorge, Bobby 11 Mahanomen/Wau 5-05

## Pole Vault

1 Otto, Mark 12 Roseau 12-00  
2 Stroot, Braden 12 Roseau J12-00  
3 Stroot, Reily 9 Roseau 10-06  
4 McArthur, Ryan 12 Mahanomen/Wau J10-06  
5 Jacobson, Seth 11 Dilworth-Gly 10-00  
6 Clark, Taylor 12 Fertile-Belt J10-00  
7 Pineda, Jesse 11 West Marshal 9-06  
8 Widrig, Jacobi Fertile-Belt J9-06

## Long Jump

1 Moberg, Matt 11 Park Christi 19-11.50  
2 Beyer, Taylor 12 Dilworth-Gly 19-08.25  
3 Anderson, Jared 10 Walker-Hacke 19-05.25  
4 Ruebke, Lance 11 Norman Count 18-06.50  
5 Cage, Walker 9 Bagley/Fosst J18-06.50  
6 Egeland, Jacob 12 Crookston 18-06.00  
7 Yutzenka, Nick 10 West Marshal 18-03.75  
8 Pearson, Isaiah 11 Lake Park-Au 18-02.00

## Triple Jump

1 Moberg, Matt 11 Park Christi 42-04.50  
2 Hess, Jon 12 West Marshal J42-04.50  
3 Ruebke, Mitchell 12 Norman Count 41-01.00  
4 Beyer, Taylor 12 Dilworth-Gly 40-01.75  
5 Tollefson, Michael 11 Dilworth-Gly 39-05.50  
6 Frydenlund, Grant 11 East Grand F 38-02.50  
7 Lorenz, Tobias 12 West Marshal 37-10.50  
8 Yutzenka, Nick 10 West Marshal 37-09.00

## Discus Throw

1 Johnk, Derek 12 Dilworth-Gly 134-11  
2 Handyside, Kal 11 Mahanomen/Wau 126-11  
3 Stanger, Matt 12 Norman Count 126-07  
4 Hefta, Michael 11 Crookston 120-10  
5 Keranen, Jake 12 Nevis 120-03  
6 Sczepanski, Hayden 12 West Marshal 119-05  
7 Banks, Caleb 12 West Marshal 117-08  
8 Scheving, Brock 11 East Grand F 117-05

## Shot Put

1 Fisher, Anthony 12 Walker-Hacke 47-01.50  
2 Johnk, Derek 12 Dilworth-Gly 45-09.00  
3 Schroeder, Skyler 12 East Grand F 45-06.00  
4 Boike, Alec 12 Crookston 44-11.25  
5 Scheving, Brock 11 East Grand F 44-07.00  
6 Daugherty, Austin 11 Park Christi 43-01.00  
7 Altpeter, Jaden 12 Fisher/EGF S 41-09.00  
8 Handyside, Kal 11 Mahanomen/Wau 39-04.00